

Welcome to our meal plan program!

We are excited to partner with Saffron Catering to offer the option of fresh-served meals and snacks for our full-time students. Saffron is fully licensed by Alberta Health Services, and menus are developed in accordance with Canada's Food Guide. Ingredients are locally sourced where possible. To learn more about our caterer, visit <https://www.saffronpersonalchef.com/>.

Menus will be provided to subscribed families for information at the start of each quarterly cycle. A sample menu is attached to give you an idea of the exciting variety! Saffron kitchens are nut-free, however, the meal program is not recommended for children who have allergies or specific dietary requirements (gluten-free, dairy-free, etc.) as we cannot guarantee lack of cross-contamination. Some religious preferences (no pork, no beef) may be able to be accommodated; please ask upon registration to the program. At this time we cannot offer a vegetarian or vegan menu, thank you for understanding.

Meals are served individually per-child. All meals are prepared fresh the day-of, and arrive immediately before serving using food-safe storage, handling and delivery from the provider. Children who are served food through our meal program and who bring food from home will all eat at the same time. All children regardless of program will continue to use their water bottle as their main drink for meals.

We monitor children in the program to ensure adequate food intake. We will always advise you if we are noticing eating patterns that indicate the program may not be a fit for your child. Children who are part of the meal program are still allowed to bring extra snacks from home if desired, and there are extra portions available for children who are hearty eaters.

Thank you for your understanding that un-eaten / leftover food cannot leave the facility, and cannot be stored overnight, as per requirements from Alberta Health Services. (If your child misses a day or is late, their missed food cannot be held and distributed later on; if your child does not eat all of their food, we are not allowed to send it home.) Thank you for your understanding.

Who can participate?

Children who attend full days (9AM – 3:30PM) in any Nido through Kindergarten program with Aspen Hill Montessori can participate.

To be eligible for either the breakfast or after school snack add-on, your child must be registered to attend either before and after-care as appropriate. If you subscribe to this option, we strongly recommend that you plan to arrive no later than 8AM to before care, and leave no earlier than 4:30PM in after care.

Fees (updated Oct. 1 2022)

A \$75 non-refundable administration fee is paid for entry into the meal program once per child, per learning season OR each time your child registers, if they stop and re-start services in the same season. This assists with delivery fees and allocation of dishware, utensils and the dish sanitizing service for the year per child.

The program you choose determines your fees (see final page in this PDF).

- Fees are pro-rated for short months or months with a break (spring break etc.)
- There is no pro-rating for short weeks (stat holiday) as we have taken these into account in the overall pricing.
- Meal service is not provided or paid for on optional extended hours days.
- There are no sibling discounts or option to pay late, as the program is operated by an external provider.
- All fees are non-refundable once paid.

Register today!

To register, complete the forms in the registration database, or e-mail meals@aspenhillmontessori.ca with:

- your child's student ID number
- child's full name
- days they attend each week
- if they are in extended hours care, if you would like the add on before and/or after care snack

You will receive a information e-mail with program guidelines. Once you confirm acceptance of the program outline, you will receive instructions for the deposit due for the program you have selected (registration fee + your first monthly fees), as well as post-dated cheques due. These items must be submitted by the deadlines indicated.

Payment is by post-dated cheque only, we cannot accommodate quarterly or annual payments for this program, and cannot accommodate credit cards or e-transfers.

Meal plans are intended for commitment through the learning season; however, families can withdraw with 30 days' notice (i.e. to withdraw for November and forward, you would need to give notice before Oct. 1) If a family leaves the meal program without 30 days notice, no refunds are provided for the current or following month.

What if I have more questions before committing?

E-mail meals@aspenhillmontessori.ca for information.

Meal plans pricing as of Oct. 1 2022

NIDO/BAMBINI program (recommended for children fully on solids over 12 months only)

Two snacks + lunch

4 full days: \$56 per week per child

5 full days: \$66 per week per child

Add on before care each week: +\$10 per week per child

Add on after school snack each week: +\$10 per week per child

CASA programs

Two snacks + lunch

4 full days: \$66 per week per child

5 full days: \$76 per week per child

Add on breakfast each week: +\$10 per week per child

Add on after school snack each week: +\$10 per week per child