

Outdoor Clothing

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Children may be outside for a minimum of 30 minutes each day to upwards of 1 hour at a time, depending on the conditions and the activities. Please see our Weather and Outdoor Experiences Policy for more information. As such, **it is critical that all children arrive with the outdoor clothing needed for each day at all times.**

Please avoid clothing that is intended for style and not function. Good shops (online or in person) to purchase true outdoor clothing from include:

- Mountain Warehouse (online and in-store)
- Mountain Equipment Co-Op
- Atmosphere
- Camper's Village
- Great Outdoors Junior Outfitters (Calgary store)
- Patagonia
- Sport Chek

All outdoor clothing must be clearly labelled with a **clear, large family identifier** / clothing label to prevent mixed up items.

Please note that open-toed shoes and slingback shoes (i.e. Crocs) are not allowed on campus at any time for safety, even during warm weather.

Please look ahead to the forecast and make sure that your child has more than is needed to keep them warm, dry and happy at care. If you would like ideas or suggestions on how to acquire outdoor clothing on a budget, please let us know via office@aspenhillmontessori.ca.



Fall gear

REQUIRED:

- Sturdy, easy to put on outdoor runners or hikers that elastic/stretch laces / Velcro on (NO SHOELACES PLEASE for speed getting outside!)
 - o Please make sure your child can get them on and off themselves easily.



- Waterproof rain boots or snow boots
 - o Wear these or your outdoor runners to and from care EVERY DAY depending on the weather. If it is even slightly wet from the night before, or looking chilly, wear boots!



- Waterproof rain coat (lined or unlined) – best slightly big so a polar fleece jacket can fit underneath



- Water-resistant soft-shell or polar fleece coat



- Waterproof rain pants (rubberized, elastic cuffs and waistband, loose enough to get on easily over uniform – can be lined or unlined)
 - o 'all in one' rain suits are great if your child knows how to put them on independently.



- Waterproof snow mitts



- Lightweight knit toque / beanie - if your child struggles to keep it on, consider a hat balaclava!



Winter gear

REQUIRED:

- SOREL style winter boots rated to at least -30 degrees C; - 40 is better
 - o NO 'Bog' brand boots please - not warm enough
 - o WalMart winter boots can work, as long as they have a degree rating for the cold



- Pull on or bib snow pants – a bit of extra room is best for easy on and off
 - o **Please avoid 'all in one' jumpsuit-style snowsuits for children unless they know how to put them on themselves.**



- Warm snow coat with a simple hood – go for one with an easy-to handle zipper for better independence and learning, even for Bambini children!
 - o Avoid fur on the hood, they freeze up around faces
 - o Look for a weather rating on the coat – should be at least -20 degrees
 - o Look for water and wind resistant



- Polar fleece coat that fits under the winter coat as a layer



- Waterproof snow mitts that have a long cuff for tucking into coat sleeves
 - o **Please have 2-3 pairs at home in case of a lost mitt, wet mitts, or dirty mitts.**
 - o NO gloves, 'stretch mini mitts', knit mitts, or inexpensive character / cartoon brand mitts
 - o Look for a degree rating on the mitts
 - o Ski mitts are ideal.



- Heavier toque / beanie
 - o Aim for something lined, such as a wool toque lined with polar fleece; balaclava is ideal



- Neck toque
 - o Polar fleece are best – Canada Olympic Park shop sells many of them all year-round!
 - o NO SCARVES! These present a choking hazard

